

Date	Venue	Cost
May 7-12 2008	Sli Aonghusa, Kilmurvey, Inis Mor, Co. Galway.	5 day retreat €395 (Accommodation €295 B&B and evening meals)
June 3-7 2008	Sli Aonghusa, Kilmurvey, Inis Mor, Co. Galway.	5 day retreat €395 (Accommodation €295 B&B and evening meals)
September 15th – 19th 2008.	Sli Aonghusa, Kilmurvey, Inis Mor, Co. Galway.	5 day retreat €395 (Accommodation €295 B&B and evening meals)

** Early booking is advisable as places are limited to 20.

To book a place please return completed application form with non-refundable deposit of 100 euro to

Deirdre Ni Chinneide
Course Co-coordinator,
Kilmurvey,
Inis Mor,
Aran Islands,
Co. Galway,
Ireland.



Please cut along here and return Booking Form on reverse

Workshop facilitators

Deirdre Ní Chinnéide

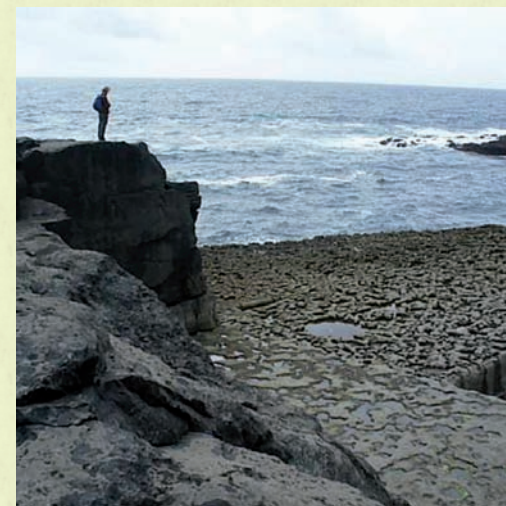
Deirdre Ní Chinnéide has sung extensively in both Irish and English for many years. She trained as a psychotherapist and has worked throughout Ireland, Bosnia and Kosovo. Since training with Chloe Goodchild "The Naked Voice", singing has emerged as an integral expression of her own spiritual practice. She explores the healing potential of sound and song with particular connection to the Spirit and Shadow of Celtic Consciousness. She has composed and recorded her own material 'Celtic Passage' which has been nominated as Celtic album of the year in the USA and has performed many times in Ireland and abroad. She currently lives and works on the Aran Islands, and offering workshops and retreats to individuals and groups visiting the island.

Caroline Kehoe

Caroline Kehoe has been dancing for over 15 years now and had the opportunity to dance with and train with a number of teachers during that time. She has a teaching diploma in community circle dance and trained for 3 years in Germany with the Ausbildungsinstitut Meditation des Tanzes. This professional training included dance philosophy, dance as meditation, classical dance and music training, body and breath work, therapeutic dance methodology, and teaching and facilitation training. At present Caroline teaches in All Hallows Institute in Dublin and gives regular workshops around the country.

Deirdre and Caroline will be joined by a team of folklorist, art therapist and other experts in their field who will help facilitate this five day retreat.

SUMMER RETREATS 2008 ARAN ISLANDS



CELTIC PASSAGE

-A JOURNEY HOME



Course coordinator Deirdre Ni Chinneide

Retreat

Deirdre facilitates workshops at home and abroad in the area of Celtic Spirituality. The Aran islands with its unique history, culture and natural beauty provides a unique setting for her retreat work where participants are invited to come and spend time with others, to reflect on their own journey and to visit and explore the ancient sites of Aran.

Retreat **The Celtic Passage of Aran**

During this five day retreat, Deirdre and her team will guide and explore themes of soul loss, disconnection and the return home to the Spirit of God within. Celtic Spirituality becomes the well source, as we journey through life, death and renewal, our connection to nature, the redemption of love and the splendor of creation. The mystical song and sound of the islands calls us into relationship – to self, to others, and to the seasons of our own heart.

The beauty and power of the islands become the setting for this time of renewal, away from the mainland, offering rest, nurturance and a peaceful stay. The retreat format includes input on the areas of Folklore, Mythology, Celtic Spirituality, Art, Sacred Sound and Movement, Contemplative prayer and Ritual and Island Culture.

There is a strong element of personal reflective, meditative and prayer time both individually and in group and rituals will be organized at the sacred sites of Aran during the week.

Spiritual direction on a one to one basis is also available. Participants stay in Kilmurvey /Ard Einne Guest house known for their good food, accommodation and friendly welcome. Full details of programme including brochure, retreat themes, travel details available on request.

Sample themes for exploration during our week together.

Sound and Movement Workshops

With Deirdre Ní Chinnéide and Caroline Kehoe

Celtic Realm

To journey through the Celtic world is to travel widely. The call to remember with this ancient civilization, our ancestors, is to retrieve that which we have lost and longed for, in these current times. In circle sound and movement the pilgrim walks through other worlds - in, outside, beyond, before and drawing from a deep well of image, myth and ritual opens to the Celtic song and dance within.

Workshops

Threshold

Through sound and movement we explore threshold times in our lives and our relationship to them.

Turas an chroí - Journey of the heart

Through this journey of the heart we open to the dark and light and, as we journey through both, the union of sound and movement plays one note, the song of who we are.

The Spiral and the Cross

We focus on the symbols of the spiral and cross - strong elements from the Celtic and Christian worlds. We will work with themes common to both such as 'light through darkness', 'life through death', 'peace through conflict'.

Ionam

Music, movement, song and dance take us closer to what language cannot reach. It is a journey into stillness, mystery and our own creativity, the journey of the heart. This workshop is an invitation to gently experience dancing and singing together, sound and meditation in movement.



CELTIC PASSAGE

To secure a place please send this application form with 100 euro deposit to Course Coordinator Deirdre Ni Chinneide. Sli Aonghusa, Kilmurvery, Inis Mor, Aran Islands, Co. Galway (Early booking is advisable as places are limited) Further details Phone 099 61882 or 087 6326081 www.deirdrenichinneide.com Accommodation @www.aranislands.com

Please tick date of retreat that you are booking

Name: _____

Address: _____

Telephone No: _____

Email Address: _____

DATE OF COURSE you wish to attend:

May 7th – 12th

June 3rd – 7th

September 15th – 19th

Any special dietary requirements

Any other information

Ag súil le cástáil leat ar Arainn.